

HarborAthleticClub | Kids Club

fitness is a lifelong pursuit

Kids Club is a fun, safe, food free environment designed for your child to play with other children or independently while you workout at Harbor.

Kids Club Hours		
Monday-Thursday	8:00 am - 8:00 pm	
Friday	8:00 am - 6:00 pm	Summer 4:00 pm
Saturday	8:00 am - 2:00 pm	Summer 12:00 pm
Sunday	8:00 am - 2:00 pm	Summer 12:00 pm
Holiday hours vary and are posted in Kids Club and/or the website prior to each holiday		
Kids Club will close 20 minutes early if no children are present		

Health Policy

In an effort to maintain a sanitary and healthy environment, we may exclude, or require that you remove, from the Kids Club any child we deem in our sole discretion to be a sick child. If a child becomes sick while in Kids Club, you must immediately remove the child from Kids Club. If your child does not attend day care, preschool, playgroup or school due to sickness or illness, your child may not use Kids Club that day. We may require a physician's verification of wellness before a sick child returns to Kids Club. We reserve the right to determine whether a child is sufficiently sick to be excluded or removed from Kids Club, but a child who exhibits one or more of the following symptoms are subject to exclusion or removal:

- A child with an illness or condition that a physician determines has not had sufficient treatment to reduce risk to others. (48 hours or more for various other illnesses/viruses including but not limited to hand, foot and mouth, stomach flu, influenza).
- A child who has conjunctivitis (pink eye) and have not been on drops for at least 24 hours and eye matting (crust or goop), redness, pus draining and swelling is no longer present (Kids Club discretion).
- A child who has vomited or had any abnormally loose stool within the prior 24 hours.
- A child with a bacterial infection, such as strep throat or impetigo, who has not yet completed 24 hours of antibiotics.
- A child with a profusely runny nose, with either green or yellow mucus.
- A child with unexplained lethargy.
- A child with untreated and/or contagious lice, ringworm or scabies.
- A child with a temperature of 100 degrees axially or higher.
- A child with an undiagnosed rash or a rash attributable to a contagious illness or condition.
- A child with significant respiratory distress (consistent bad cough).
- A child who is not able to participate in Kids Club/Youth Fitness activities in reasonable comfort.
- A child who requires more care than our staff can provide without compromising the health and safety of other children.
- For more information/policies on specific illnesses please see our website or contact Wendi Kuehn at wendi@harborathletic.com

Kids Club Policies

Kids Club is included with all children's memberships. One day passes for Kids Club may be purchased at the front desk for children who are not members. The price is \$5.00 per child, per visit. You must remain in Harbor Athletic Club or the Harbor Wellness Studios while your child is in Kids Club.

Kids Club is designed to be a pleasant experience for your children. A child is permitted to visit Kids Club up to 2 hours total per day.

Be sure to sign your child in when entering Kids Club. It is very important to fill out the sheet completely as situations may arise with your children where we would need to come find you.

When picking up your child, be sure to sign him/her out of Kids Club. If it is going to be someone different than the person who signed the child in, please notify the staff. An adult must sign children in and out of Kids Club.

Kids Club is a food free environment. Food and gum are not allowed in Kids Club. Drinks are permitted. Clearly label bottles and cups with your child's name. Shoes or socks are required at all times (including infants). Hand washing/sanitizer is required when entering and encouraged when exiting.

Toys from home are not permitted in Kids Club. Some toys are choking hazards for the younger children. See staff for exceptions with comforting items and hand held game systems. Wii is available for play.

Parents are required to change their child's diaper. Kids Club staff will notify you. Diapers are to be changed on the table in the bathroom. Wipes and diapers are not provided by Kids Club.